

Habersham Medical Center

Health System News

Total Fitness Exercise Facility Relocates to the Aquatic Center

Total Fitness, an exercise facility operated by Habersham Medical Center, opened at its new location in the Ruby C. Fulbright Aquatic Center on Tuesday, July 5, 2011.

"The facility has been located on the campus of Piedmont College for the past 14 years," says Cindy Beckett, facility manager. "The college announced in December 2010 that it needed the space occupied by Total Fitness for its expanding athletic programs. Mindful that the facility is important to the health and wellbeing of our more than 1,000

members, Habersham Medical Center worked with the county to lease space in the Aquatic Center."

Beckett also stated that Total Fitness's move to the Aquatic Center seems to be a natural fit and win-win for the hospital and the county. "Both our structured wellness and fitness programs are provided for citizens of all ages and ability levels," adds Beckett. "In addition, Total Fitness members will now have the opportunity to use the pools at the Aquatic Center for an additional small fee with dual membership, and the

facility also offers our members the use of the shower facilities, gym, and indoor walking area."

Total Fitness offers cardio and strength training equipment and aerobics classes. The facility is also a Silver Sneakers® provider. A nationally-recognized fitness program for seniors, 65 and older, Silver Sneakers offers a variety of low-impact exercises designed to increase muscular strength, endurance, mobility, flexibility, balance, agility and coordination.

Individual and family memberships are

available and business memberships are available through the Habersham Medical Center's WorkWise Occupational Health and Wellness program. For more information about WorkWise, call Linda Ramey, vice present of patient/client relations, at (706) 754-3113, ext. 1116. The facility's hours will remain the same, Monday - Thursday 5:30 a.m. to 9:30 p.m.; Friday 5:30 a.m. to 8 p.m. and Saturday 8 a.m. to 3 p.m.

For membership information, call (706) 754-2042.

Habersham Medical Center departments win patient satisfaction awards

Habersham Medical Center recently recognized three of its departments for excelling in patient satisfaction based on patient surveys compiled by

Avatar International, Inc., a research and consulting group based in Orlando, Florida.

The Habersham Medical Center Sleep Center was the re-

ipient of the "Best Overall" award having a patient satisfaction score of 95.93.

Other departments earning patient satisfaction awards were

the ultrasound department for "Most Improved" and the Family Birth Center for "Exceeding Patient Expectations."



Sleep Center Award: Janice McKenzie, senior vice president of patient care services, right, presented the "Best Overall" patient satisfaction award to Sue Miles, director of the Habersham Medical Center Sleep Center.



Ultrasound Award: Dee Dillin, right, presents the "Most Improved" patient satisfaction award to Karen Garrett, ultrasound technologist.



Family Birth Center award: The "Exceeding Patient Expectations" award was presented to the Family Birth Center. Pictured are Gaylon Palmer, RN and director of the Family Birth Center, left, with Janice McKenzie, senior vice president of patient care services.

Habersham Medical Center places on quality honor roll

Habersham Medical Center in Demorest has been named to the Georgia Hospital Association's (GHA) Partnership for Health and Accountability (PHA) Quality Honor Roll. Habersham Medical Center is one of 56 hospitals in Georgia to be placed in the Presidential category, one of the highest on the list. The honor roll is based on clinical data provided by the federal Centers for Medicaid & Medicare Services (CMS), which administers the nation's Medicare and Medicaid programs. The data was collected from July 2009 to June 2010.

"This is a great accomplishment for

Habersham Medical Center," said Joseph Parker, president of GHA. "This recognition further underscores the commitment of the Habersham Medical Center staff to ensuring that every patient receives the best, most effective health care possible."

"It is our mission to ensure that each of our patients receives the right care at the right time and this recognition validates this," said Dick Dwozan, president of Habersham Medical Center. "This honor is a tribute to the hard work and dedication of our staff who are constantly working to make excellent care even better."



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UPCOMING EVENTS

Habersham Medical Center Foundation's Annual HealthLinks Golf Tournament will be held September 21st at The Orchard. To register, call (706) 754-3113, ext. 1106 or email areed@hmcmed.org.

Tune in to "Medical Moments from Habersham Medical Center," a thirty-minute local health education and news program, on WCON's new station 107.7 FM Wednesday mornings at 8 a.m.

Habersham Medical Center hosts a free stroke support group for stroke survivors and their families. For more information or to register, call (706) 754-0029.

CONTACT INFORMATION

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(706) 754-2161

Physician Referral: (706) 754-2300
www.habershammedical.com

"Centered on Excellence. Focused on You."

VOLUNTEERS NEEDED

Interested in becoming a volunteer at Habersham Medical Center? Call (706) 754-3113, ext. 1101 for an application or apply online at www.habershammedical.com.

Internist Accepting New Patients

Milene Argo, MD, an internal medicine physician, has joined the Habersham Medical Center Medical Staff.

Board Certified in Internal Medicine, Dr. Argo is a graduate of the Georgia Institute of Technology and the Medical College of Georgia and completed her residency at Atlanta Medical Center. She has been in practice for ten years; the last five in Homer, Georgia, and serves as a Clinical Assistant Professor at the Medical College of Georgia, Department of Medicine. She is also a Fellow of the American College of Physicians.



Dr. Argo's office, Heritage Internal Medicine, is located at 396 Historic Highway 441, Demorest. For more information or to schedule an appointment, call 706-754-3287.

The only medical center in North Georgia awarded the 2010 GHA Circle of Excellence...

...is yours.

Throughout the state of Georgia, only six medical centers have earned Georgia Hospital Association's 2010 Circle of Excellence. For our community, this award is especially significant: Habersham Medical Center is the only north Georgia hospital (and Georgia's only community hospital) to receive this honor from GHA for outstanding performance in Quality and Patient Safety.

If we've already had the privilege of serving your family's health needs, you understand. If we haven't, you're invited to call today to arrange a tour of our award-winning facility. You'll see firsthand the HMC healthcare program that is setting a new standard of excellence for community hospitals statewide.

Habersham Medical Center
Centered on excellence, focused on you.

541 HISTORIC HWY. 441, DEMOREST, GA
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Left to right: Habersham Medical Center's Janice McKenzie, senior vice president of patient care services and Teri Newsome, HMC director of quality management accept the Georgia Hospital Association's 2010 Circle of Excellence award from Chuck Adams, CEO of Ty Cobb Health System in Royston and GHA Chairman.